

DAFTAR PUSTAKA

- American Psychiatric Association. (2013). *Diagnostic and Statistical Manual of Mental Disorders* (5th ed.). American Psychiatric Publishing.
- American Psychological Association. (n.d.). *Mental Health*. APA Dictionary of Psychology. <https://dictionary.apa.org/mental-health>
- American Psychological Association. (2020). *Building your resilience*. <https://www.apa.org/topics/resilience>
- Anestis, M. D., Khazem, L. R., & Law, K. C. (2015). How Many Times and How Many Ways: The Impact of Number of Nonsuicidal Self-Injury Methods on the Relationship Between Nonsuicidal Self-Injury Frequency and Suicidal Behavior. *Suicide and Life-Threatening Behavior*, 45(2), 164–177. <https://doi.org/10.1111/SLTB.12120>
- Arbuthnott, A. E., & Lewis, S. P. (2015). Parents of youth who self-injure: A review of the literature and implications for mental health professionals. *Child and Adolescent Psychiatry and Mental Health*, 9(1), 1–20. <https://doi.org/10.1186/s13034-015-0066-3>
- Arinda, O. D., & Mansoer, W. W. D. (2021). NSSI (Nonsuicidal Self-Injury) of emerging adults in Jakarta: An interpretative phenomenological approach. *Jurnal Psikologi Ulayat*, 8(1), 123–147. <https://doi.org/10.24854/jpu150>
- Arnett, J. J. (2006). The Psychology of Emerging Adulthood: What Is Known, and What Remains to Be Known? In *Emerging adults in America: Coming of age in the 21st century*. (hal. 303–330). American Psychological Association.

<https://doi.org/10.1037/11381-013>

Arnett, J. J. (2015). *Emerging Adulthood: The Winding Road from the Late Teens Through Twenties* (2nd ed.). Oxford University Press.

Arnett, J. J., & Padilla-Walker, L. M. (2015). Brief report: Danish emerging adults' conceptions of adulthood. *Journal of Adolescence*, 38, 39–44.
<https://doi.org/10.1016/j.adolescence.2014.10.011>

Balzarie, E. N., & Nawangsih, E. (2019). Kajian Resiliensi pada Mahasiswa Bandung yang Mengalami Quarter Life Crisis. *Prosiding Psikologi*, 5(2), 1–7.
<http://karyailmiah.unisba.ac.id/index.php/psikologi/article/view/17102/pdf>

Bezdjian, S., Schneider, K. G., Burchett, D., Baker, M. T., & Garb, H. N. (2017). Resilience in the United States Air Force: Psychometric properties of the Connor-Davidson Resilience Scale (CD-RISC). *Psychological Assessment*, 29(5), 479–485. <https://doi.org/10.1037/pas0000370>

Bhugra, D., Till, A., & Sartorius, N. (2013). What is mental health? In *The International journal of social psychiatry* (Vol. 59, Nomor 1, hal. 3–4).
<https://doi.org/10.1177/0020764012463315>

Blasco-Fontecilla, H., Fernández-Fernández, R., Colino, L., Fajardo, L., Perteguer-Barrio, R., & de Leon, J. (2016). The addictive model of self-harming (non-suicidal and suicidal) behavior. In *Frontiers in Psychiatry* (Vol. 7, Nomor FEB). <https://doi.org/10.3389/fpsy.2016.00008>

Bresin, K., & Gordon, K. H. (2013). Endogenous opioids and nonsuicidal self-injury: A mechanism of affect regulation. *Neuroscience & Biobehavioral*

Reviews, 37(3), 374–383.

<https://doi.org/https://doi.org/10.1016/j.neubiorev.2013.01.020>

Bruffaerts, R., Mortier, P., Kiekens, G., Auerbach, R. P., Cuijpers, P., Demyttenaere, K., Green, J. G., Nock, M. K., & Kessler, R. C. (2018). Mental health problems in college freshmen: Prevalence and academic functioning. *Journal of Affective Disorders*, 225, 97–103. <https://doi.org/10.1016/J.JAD.2017.07.044>

Bryan, C. J., Bryan, A. O., Ray-Sannerud, B. N., Etienne, N., & Morrow, C. E. (2014). Suicide attempts before joining the military increase risk for suicide attempts and severity of suicidal ideation among military personnel and veterans. *Comprehensive Psychiatry*, 55(3), 534–541. <https://doi.org/10.1016/j.comppsy.2013.10.006>

Burke, T. A., Piccirillo, M. L., Moore-Berg, S. L., Alloy, L. B., & Heimberg, R. G. (2019). The stigmatization of nonsuicidal self-injury. *Journal of Clinical Psychology*, 75(3), 481–498. <https://doi.org/10.1002/jclp.22713>

Burt, K. B., & Paysnick, A. A. (2012). Resilience in the transition to adulthood. *Development and Psychopathology*, 24(2), 493–505. <https://doi.org/10.1017/S0954579412000119>

Campbell-Sills, L., & Stein, M. B. (2007). Psychometric analysis and refinement of the Connor-davidson Resilience Scale (CD-RISC): Validation of a 10-item measure of resilience. *Journal of Traumatic Stress*, 20(6), 1019–1028. <https://doi.org/10.1002/jts.20271>

Campbell-Sills, L., Forde, D. R., & Stein, M. B. (2009). Demographic and

- childhood environmental predictors of resilience in a community sample. *Journal of Psychiatric Research*, 43(12), 1007–1012. <https://doi.org/10.1016/j.jpsychires.2009.01.013>
- Christensen, L. B., Johnson, R. B., & Turner, L. (2014). *Research Methods, Design, and Analysis* (12th ed.). Pearson Education.
- Cipriano, A., Cella, S., & Cotrufo, P. (2017). Nonsuicidal self-injury: A systematic review. *Frontiers in Psychology*, 8(1), 1–14. <https://doi.org/10.3389/FPSYG.2017.01946/BIBTEX>
- Connor, K. M., & Davidson, J. R. T. (2003). Development of a new resilience scale: the Connor-Davidson Resilience Scale (CD-RISC). *Depression and anxiety*, 18(2), 76–82. <https://doi.org/10.1002/DA.10113>
- Cutter, S. L. (2016). Resilience to What? Resilience for Whom? *The Geographical Journal*, 182(2), 110–113. <https://doi.org/10.1111/GEOJ.12174>
- Daukantaitė, D., Lundh, L. G., Wångby-Lundh, M., Claréus, B., Bjärehed, J., Zhou, Y., & Liljedahl, S. I. (2021). What happens to young adults who have engaged in self-injurious behavior as adolescents? A 10-year follow-up. *European Child and Adolescent Psychiatry*, 30(3), 475–492. <https://doi.org/10.1007/S00787-020-01533-4/TABLES/8>
- Dewi, K. S. (2012). *Kesehatan Mental*. UNDIP Press.
- Di Pierro, R., Sarno, I., Gallucci, M., & Madeddu, F. (2014). Nonsuicidal self-injury as an affect-regulation strategy and the moderating role of impulsivity. *Child and Adolescent Mental Health*, 19(4), 259–264. <https://doi.org/10.1111/CAMH.12063>

- Duffy, M. E., Twenge, J. M., & Joiner, T. E. (2019). Trends in Mood and Anxiety Symptoms and Suicide-Related Outcomes Among U.S. Undergraduates, 2007–2018: Evidence From Two National Surveys. *Journal of Adolescent Health, 65*(5), 590–598. <https://doi.org/10.1016/j.jadohealth.2019.04.033>
- Elvina, N., & Bintari, D. R. (2021). An Exploration of Indonesian Emerging Adults Non-Suicidal Self-Injury (NSSI) Functions and Religious Coping. *Jurnal Psikologi Malaysia, 35*(2), 1–11. ISSN-2289-8174
- Fakhriyani, D. V. (2019). *Kesehatan Mental*. Duta Media Publishing.
- Fergus, S., & Zimmerman, M. A. (2005). ADOLESCENT RESILIENCE: A Framework for Understanding Healthy Development in the Face of Risk. *Annu. Rev. Public Health, 26*, 399–419. <https://doi.org/10.1146/annurev.publhealth.26.021304.144357>
- Gandhi, A., Luyckx, K., Baetens, I., Kiekens, G., Sleuwaegen, E., Berens, A., Maitra, S., & Claes, L. (2018). Age of onset of non-suicidal self-injury in Dutch-speaking adolescents and emerging adults: An event history analysis of pooled data. *Comprehensive Psychiatry, 80*, 170–178. <https://doi.org/10.1016/j.comppsy.2017.10.007>
- Garisch, J. A., & Wilson, M. S. (2015). Prevalence, correlates, and prospective predictors of non-suicidal self-injury among New Zealand adolescents: Cross-sectional and longitudinal survey data. *Child and Adolescent Psychiatry and Mental Health, 9*(1), 1–11. <https://doi.org/10.1186/s13034-015-0055-6>
- Gina, F., & Fitriani, Y. (2022). Validasi 10-item Connor-Davidson Resilience

- Scale (10-item CD-RISC) pada Ibu Bekerja. *Jurnal Mitra Pendidikan*, 6(1), 49–57. <https://doi.org/https://doi.org/10.52160/e-jmp.v6i1.904>
- Goodwin, C. J., & Goodwin, K. A. (2016). Research in Psychology: Methods and Design. In *Journal of Chemical Information and Modeling* (Vol. 53, Nomor 9).
- Gratz, K. L. (2001). Measurement of Deliberate Self-Harm: Preliminary Data on the Deliberate Self-Harm Inventory. *Journal of Psychopathology and Behavioral Assessment*, 23(4), 253–263. <https://doi.org/10.1023/A:1012779403943>
- Gratz, K. L. (2006). Risk factors for deliberate self-harm among female college students: the role and interaction of childhood maltreatment, emotional expressivity, and affect intensity/reactivity. *Orthopsychiatry*, 76(1), 238–250. doi: 10.1037/0002-9432.76.2.238
- Guan, K., Fox, K. R., & Prinstein, M. J. (2012). Nonsuicidal self-injury as a time-invariant predictor of adolescent suicide ideation and attempts in a diverse community sample. *Journal of Consulting and Clinical Psychology*, 80(5), 842–849. <https://doi.org/10.1037/a0029429>
- Guilford, J. P. (1956). *Fundamental Statistics in Psychology and Education* (3rd ed.). New York: McGraw-Hill Book Company, Inc.

- Gyori, D., Farkas, B. F., Horvath, L. O., Komaromy, D., Meszaros, G., Szentivanyi, D., & Balazs, J. (2021). The association of nonsuicidal self-injury with quality of life and mental disorders in clinical adolescents—A network approach. *International Journal of Environmental Research and Public Health*, 18(4), 1–22. <https://doi.org/10.3390/ijerph18041840>
- Hamza, C. A., Goldstein, A. L., Heath, N. L., & Ewing, L. (2021). Stressful Experiences in University Predict Non-suicidal Self-Injury Through Emotional Reactivity. *Frontiers in Psychology*, 12(April). <https://doi.org/10.3389/fpsyg.2021.610670>
- Hamza, C. A., & Willoughby, T. (2015). Nonsuicidal Self-Injury and Affect Regulation: Recent Findings From Experimental and Ecological Momentary Assessment Studies and Future Directions. *Journal of Clinical Psychology*, 71(6), 561–574. <https://doi.org/10.1002/JCLP.22174>
- Hamza, C. A., & Willoughby, T. (2016). Nonsuicidal Self-Injury and Suicidal Risk Among Emerging Adults. *Journal of Adolescent Health*, 59(4), 411–415. <https://doi.org/10.1016/J.JADOHEALTH.2016.05.019>
- He, N., & Xiang, Y. (2022). Child maltreatment and nonsuicidal self-injury among Chinese adolescents: The mediating effect of psychological resilience and loneliness. *Children and Youth Services Review*, 133, 106335. <https://doi.org/10.1016/J.CHILDYOUTH.2021.106335>
- Hooper, D., Coughlan, J., & Mullen, M. R. (2008). Structural Equation Modeling: Guidelines for Determining Model Fit. *The Electronic Journal of Business Research Methods*, 6, 53-60.

- Huang, L., & Mossige, S. (2015). Resilience in young people living with violence and self-harm: Evidence from a Norwegian national youth survey. *Psychology Research and Behavior Management*, 8, 231–238. <https://doi.org/10.2147/PRBM.S75382>
- Kaplan, R. M., & Saccuzzo, D. P. (2012). *Psychological Testing: Principles, Applications, and Issues*. United States: Cengage Learning.
- Kementerian Kesehatan Republik Indonesia. (2019). Laporan Nasional Riset Kesehatan Dasar 2018. In *Badan Penelitian dan Pengembangan Kesehatan RI*. <https://www.litbang.kemkes.go.id/laporan-ri-set-kesehatan-dasar-riskesdas/>
- Kiekens, G., Claes, L., Demyttenaere, K., Auerbach, R. P., Green, J. G., Kessler, R. C., Mortier, P., Nock, M. K., & Bruffaerts, R. (2016). Lifetime and 12-Month Nonsuicidal Self-Injury and Academic Performance in College Freshmen. *Suicide & Life-Threatening Behavior*, 46(5), 563–576. <https://doi.org/10.1111/sltb.12237>
- Kiekens, G., Hasking, P., Bruffaerts, R., Alonso, J., Auerbach, R. P., Bantjes, J., Benjet, C., Boyes, M., Chiu, W. T., Claes, L., Cuijpers, P., Ebert, D. D., Mak, A., Mortier, P., O'Neill, S., Sampson, N. A., Stein, D. J., Vilagut, G., Nock, M. K., & Kessler, R. C. (2021). Non-suicidal self-injury among first-year college students and its association with mental disorders: results from the World Mental Health International College Student (WMH-ICS) initiative. *Psychological Medicine*, 1–12. <https://doi.org/10.1017/S0033291721002245>
- Kiekens, G., Hasking, P., Claes, L., Mortier, P., Auerbach, R. P., Boyes, M., Cuijpers, P., Demyttenaere, K., Green, J. G., Kessler, R. C., Nock, M. K., &

- Bruffaerts, R. (2018). The DSM-5 nonsuicidal self-injury disorder among incoming college students: Prevalence and associations with 12-month mental disorders and suicidal thoughts and behaviors. *Depression and Anxiety*, 35(7), 629–637. <https://doi.org/10.1002/da.22754>
- Kline, R. B. (2016). *Principles and Practice of Structural Equation Modeling* (4th ed.). New York: The Guilford Press.
- Klonsky, E. D. (2007). The functions of deliberate self-injury: A review of the evidence. *Clinical Psychology Review*, 27(2), 226–239. <https://doi.org/10.1016/j.cpr.2006.08.002>
- Klonsky, E. D., Victor, S. E., & Saffer, B. Y. (2014). Nonsuicidal self-injury: What we know, and what we need to know. *Canadian Journal of Psychiatry*, 59(11), 565–568. <https://doi.org/10.1177/070674371405901101>
- Lally, J. M. (2018). *Pathways for Resilience Predictors of Life Satisfaction During Emerging Adulthood* [University of Washington]. https://digital.lib.washington.edu/researchworks/bitstream/handle/1773/42917/Lally_washington_0250E_19306.pdf?sequence=1&isAllowed=y
- Lane, J. A., Leibert, T. W., & Goka-Dubose, E. (2017). The Impact of Life Transition on Emerging Adult Attachment, Social Support, and Well-Being: A Multiple-Group Comparison. *Journal of Counseling & Development*, 95(4), 378–388. <https://doi.org/https://doi.org/10.1002/jcad.12153>
- Liu, D. W. Y., Fairweather-Schmidt, A. K., Burns, R., Roberts, R. M., & Anstey, K. J. (2016). Psychological Resilience Provides No Independent Protection From Suicidal Risk. *Crisis: The Journal of Crisis Intervention and Suicide*

Prevention, 37(2), 130–139. <https://doi.org/10.1027/0227-5910/A000364>

Liu, R. T., Cheek, S. M., & Nestor, B. A. (2016). Non-suicidal self-injury and life stress: A systematic meta-analysis and theoretical elaboration. *Clinical Psychology Review*, 47, 1–14. <https://doi.org/10.1016/j.cpr.2016.05.005>

Macleod, K. B., & Brownlie, E. B. (2014). Mental health and transitions from adolescence to emerging adulthood: Developmental and diversity considerations. *Canadian Journal of Community Mental Health*, 33(1), 77–86. <https://doi.org/10.7870/cjcmh-2014-007>

Marshall, S. K., Tilton-Weaver, L. C., & Stattin, H. (2013). Non-suicidal self-injury and depressive symptoms during middle adolescence: a longitudinal analysis. *Journal of Youth and Adolescence*, 42(8), 1234–1242. <https://doi.org/10.1007/s10964-013-9919-3>

Meade, A. W., & Craig, S. B. (2012). Identifying careless responses in survey data. In *Psychological Methods* (Vol. 17, Nomor 3, hal. 437–455). American Psychological Association. <https://doi.org/10.1037/a0028085>

Midkiff, M. F., Lindsey, C. R., & Meadows, E. A. (2018). The role of coping self-efficacy in emotion regulation and frequency of NSSI in young adult college students. *Cogent Psychology*, 5(1), 1–14. <https://doi.org/10.1080/23311908.2018.1520437>

Mortier, P., Demyttenaere, K., Auerbach, R. P., Cuijpers, P., Green, J. G., Kiekens, G., Kessler, R. C., Nock, M. K., Zaslavsky, A. M., & Bruffaerts, R. (2017). First onset of suicidal thoughts and behaviours in college. *Journal of Affective Disorders*, 207, 291–299. <https://doi.org/10.1016/j.jad.2016.09.033>

- Muehlenkamp, J. J., & Brausch, A. M. (2019). Protective factors do not moderate risk for past-year suicide attempts conferred by recent NSSI. *Journal of Affective Disorders, 245*, 321–324. <https://doi.org/10.1016/J.JAD.2018.11.013>
- Nagra, G. S., Lin, A., & Upthegrove, R. (2016). What bridges the gap between self-harm and suicidality? The role of forgiveness, resilience and attachment. *Psychiatry Research, 241*, 78–82. <https://doi.org/10.1016/j.psychres.2016.04.103>
- Nixon, M. K., Cloutier, P. F., & Aggarwal, S. (2002). Affect Regulation and Addictive Aspects of Repetitive Self-Injury in Hospitalized Adolescents. *Journal of the American Academy of Child & Adolescent Psychiatry, 41*(11), 1333–1341. <https://doi.org/10.1097/00004583-200211000-00015>
- Nock, M. K., & Favazza, A. R. (2009). Nonsuicidal self-injury: Definition and classification. In *Understanding nonsuicidal self-injury: Origins, assessment, and treatment*. (hal. 9–18). American Psychological Association. <https://doi.org/10.1037/11875-001>
- Nock, M. K., Joiner, T. E. J., Gordon, K. H., Lloyd-Richardson, E., & Prinstein, M. J. (2006). Non-suicidal self-injury among adolescents: diagnostic correlates and relation to suicide attempts. *Psychiatry Research, 144*(1), 65–72. <https://doi.org/10.1016/j.psychres.2006.05.010>
- Oltmanns, T. F., & Emery, R. E. (2019). *Abnormal Psychology* (9th ed.). Pearson Education.
- Paramita, A. D., Faradiba, A. T., & Mustofa, K. S. (2020). Adverse Childhood

- Experience dan Deliberate Self-Harm pada Remaja di Indonesia. *Jurnal Psikologi Integratif*, 9(1), 16–28.
<https://doi.org/https://doi.org/10.14421/jpsi.v9i1.2137>
- Pilar Matud, M., Díaz, A., Bethencourt, J. M., & Ibáñez, I. (2020). Stress and Psychological Distress in Emerging Adulthood: A Gender Analysis. *Journal of Clinical Medicine*, 9(9), 1–11. <https://doi.org/10.3390/JCM9092859>
- Primasari, I., & Hidayat, R. (2016). General Health Questionnaire-12 (GHQ-12) sebagai Instrumen Skrining Gangguan Penyesuaian. *Jurnal Psikologi*, 43(2), 121–134. <https://doi.org/10.22146/jpsi.9155>
- Reich, J. W., Zautra, A., & Hall, J. S. (2010). *Handbook of Adult Resilience*. The Guildford Press.
- Richardson, G. E. (2002). The metatheory of resilience and resiliency. *Journal of Clinical Psychology*, 58(3), 307–321. <https://doi.org/10.1002/jclp.10020>
- Rotolone, C., & Martin, G. (2012). Giving up Self-Injury: A Comparison of Everyday Social and Personal Resources in Past Versus Current Self-Injurers. *Archives of Suicide Research*, 16(2), 147–158.
<https://doi.org/10.1080/13811118.2012.667333>
- Santrock, J. W. (2020). *A Topical Approach to Life-Span Development* (10th ed.). McGraw-Hill Education.
- Saraff, P. D., Trujillo, N., & Pepper, C. M. (2015). Functions, Consequences, and Frequency of Non-suicidal Self-Injury. *Psychiatric Quarterly*, 86(3), 385–393. <https://doi.org/10.1007/s11126-015-9338-6>
- Scheid, T. L., & Brown, T. N. (2009). *A Handbook for the Study of Mental Health:*

Social Contexts, Theories, and Systems (2nd ed.). Cambridge University Press.

- Selby, E. A., Kranzler, A., Fehling, K. B., & Panza, E. (2015). Nonsuicidal self-injury disorder: The path to diagnostic validity and final obstacles. *Clinical Psychology Review, 38*, 79–91. <https://doi.org/10.1016/j.cpr.2015.03.003>
- Sivertsen, B., Hysing, M., Knapstad, M., Harvey, A. G., Reneflot, A., Lønning, K. J., & O'Connor, R. C. (2019). Suicide attempts and non-suicidal self-harm among university students: prevalence study. *BJPsych Open, 5*(2), 1–8. <https://doi.org/10.1192/bjo.2019.4>
- St. Germain, S. A., & Hooley, J. M. (2012). Direct and indirect forms of non-suicidal self-injury: Evidence for a distinction. *Psychiatry Research, 197*(1–2), 78–84. <https://doi.org/10.1016/J.PSYCHRES.2011.12.050>
- Stanton, A., Chisholm, K., Kaiser, N., Rosen, M., Upthegrove, R., Ruhrmann, S., & Wood, S. J. (2019). Resilience as a multimodal dynamic process. *Early Intervention in Psychiatry, 13*(4), 725–732. <https://doi.org/10.1111/EIP.12726>
- Sugiyono. (2013). *Metode Penelitian Kuantitatif, Kualitatif, dan R&D*. Penerbit Alfabeta.
- Syed, M., & Seiffge-Krenke, I. (2013). Personality development from adolescence to emerging adulthood: Linking trajectories of ego development to the family context and identity formation. In *Journal of Personality and Social Psychology* (Vol. 104, Nomor 2, hal. 371–384). American Psychological Association. <https://doi.org/10.1037/a0030070>

- Theron, L. C., Levine, D., & Ungar, M. (2020). African Emerging Adult Resilience: Insights From a Sample of Township Youth: <https://doi.org/10.1177/2167696820940077>, 9(4), 360–371. <https://doi.org/10.1177/2167696820940077>
- Tian, X., Yang, G., Jiang, L., Yang, R., Ran, H., Xie, F., Xu, X., Lu, J., & Xiao, Y. (2020). Resilience is inversely associated with self-harm behaviors among Chinese adolescents with childhood maltreatment. *PeerJ*, 8. <https://doi.org/10.7717/peerj.9800>
- Trepal, H. C., Wester, K. L., & Merchant, E. (2015). A cross-sectional matched sample study of nonsuicidal self-injury among young adults: support for interpersonal and intrapersonal factors, with implications for coping strategies. *Child and Adolescent Psychiatry and Mental Health*, 9(1), 36. <https://doi.org/10.1186/s13034-015-0070-7>
- Valentina, T. D., & Oshel, L. (2015). *Self-Esteem, Resiliensi, dan Perilaku Bunuh Diri pada Remaja di Denpasar* [Universitas Udayana]. https://simdos.unud.ac.id/uploads/file_penelitian_1_dir/dbe2d60c7c1739da2ae425d0919b3276.pdf
- Victor, S. E., Styer, D., & Washburn, J. J. (2016). Functions of nonsuicidal self-injury (NSSI): Cross-sectional associations with NSSI duration and longitudinal changes over time and following treatment. *Psychiatry Research*, 241, 83–90. <https://doi.org/10.1016/j.psychres.2016.04.083>
- Voon, D., Hasking, P., & Martin, G. (2014). Change in emotion regulation strategy use and its impact on adolescent nonsuicidal self-injury: a three-year longitudinal analysis using latent growth modeling. *Journal of Abnormal*

Psychology, 123(3), 487–498. <https://doi.org/10.1037/a0037024>

Waals, L., Baetens, I., Rober, P., Lewis, S., Van Parys, H., Goethals, E. R., & Whitlock, J. (2018). The NSSI Family Distress Cascade Theory 17 Psychology and Cognitive Sciences 1701 Psychology 11 Medical and Health Sciences 1117 Public Health and Health Services. *Child and Adolescent Psychiatry and Mental Health*, 12(1). <https://doi.org/10.1186/s13034-018-0259-7>

Wang, Y.-J., Li, X., Ng, C. H., Xu, D.-W., Hu, S., & Yuan, T.-F. (2022). Risk factors for non-suicidal self-injury (NSSI) in adolescents: A meta-analysis. *eClinicalMedicine*, 46, 101350. <https://doi.org/https://doi.org/10.1016/j.eclinm.2022.101350>

Watson, C., & Tatnell, R. (2022). Resilience and non-suicidal self-injury in LGBTQIA+ people: Targets for prevention and intervention. *Current Psychology*, 41(1), 307–314. <https://doi.org/10.1007/s12144-019-00573-7>

Werner, E. E. (2005). What Can We Learn about Resilience from Large-Scale Longitudinal Studies? *Handbook of Resilience in Children*, 91–105. https://doi.org/10.1007/0-306-48572-9_7

Wester, K. L., Ivers, N., Villalba, J. A., Trepal, H. C., & Henson, R. (2016). The Relationship Between Nonsuicidal Self-Injury and Suicidal Ideation. *Journal of Counseling & Development*, 94(1), 3–12. <https://doi.org/10.1002/JCAD.12057>

Wester, K. L., Trepal, H. C., & Kelly, K. (2018). Nonsuicidal Self-Injury: Increased Prevalence in Engagement. *Suicide and Life-Threatening Behavior*,

48(6), 690–698. <https://doi.org/10.1111/sltb.12389>

Whitlock, J., Eckenrode, J., & Silverman, D. (2006). Self-injurious behaviors in a college population. *Pediatrics*, 117(6), 1939–1948. <https://doi.org/10.1542/peds.2005-2543>

Whitlock, J., Muehlenkamp, J., Eckenrode, J., Purington, A., Baral Abrams, G., Barreira, P., & Kress, V. (2013). Nonsuicidal Self-Injury as a Gateway to Suicide in Young Adults. *Journal of Adolescent Health*, 52(4), 486–492. <https://doi.org/10.1016/J.JADOHEALTH.2012.09.010>

Wijaya, M. A. (2022). Pengaruh Loneliness terhadap Perilaku Non-Suicidal Self Injury pada Dewasa Awal di Masa Pandemi Covid-19. *Jurnal Pendidikan Dan Konseling (JPDK)*, 4(4), 3710–3718. <https://doi.org/10.31004/jpdk.v4i4.6050>

World Health Organization. (n.d.). *Mental health: strengthening our response*. Diambil 27 April 2022, dari <https://www.who.int/news-room/fact-sheets/detail/mental-health-strengthening-our-response>

You, J., Leung, F., & Fu, K. (2011). Exploring the reciprocal relations between nonsuicidal self-injury, negative emotions and relationship problems in chinese adolescents: A longitudinal cross-lag study. *Journal of Abnormal Child Psychology*, 40(5), 829–836. <https://doi.org/10.1007/s10802-011-9597-0>

YouGov Omnibus. (2019). *A quarter of Indonesians have experienced suicidal thoughts*. YouGov Indonesia.

<https://id.yougov.com/id/news/2019/06/26/quarter-indonesians-have-experienced-suicidal-thou/>

Zakaria, Z. Y. H., & Theresa, R. M. (2020). Faktor-Faktor yang Memengaruhi Perilaku *Nonsuicidal Self-Injury* (NSSI) pada Remaja Putri. *Journal of Psychological Science and Profession (JPSP)*, 4(2), 85. <https://doi.org/10.24198/jpsp.v4i2.26404>

Zetterqvist, M. (2015). The DSM-5 diagnosis of nonsuicidal self-injury disorder: a review of the empirical literature. *Child and Adolescent Psychiatry and Mental Health*, 9(1), 31. <https://doi.org/10.1186/s13034-015-0062-7>

Zhang, L., Chen, M., Yao, B., & Zhang, Y. (2021). Aggression and Non-Suicidal Self-Injury among Depressed Youths: The Mediating Effect of Resilience. In *Iran J Public Health* (Vol. 50, Nomor 2). <https://creativecommons.org/licenses/by-nc/4.0/>