

DAFTAR PUSTAKA

- Acharya Pandey, R., & Chalise, H. N. (2017). Self-Esteem and Academic Stress among Nursing Students. *Kathmandu University Medical Journal*, 13(4), 298–302. <https://doi.org/10.3126/kumj.v13i4.16827>
- Ambarwati, P. D., Pinilih, S. S., & Astuti, R. T. (2019). Gambaran Tingkat Stres Mahasiswa. *Jurnal Keperawatan Jiwa*, 5(1), 40. <https://doi.org/10.26714/jkj.5.1.2017.40-47>
- Awaliyah, G., & Murdaningsih, D. (2019). Kuota Bidikmisi 2019 Resmi Terima 130 Ribu Mahasiswa. *Republika.Co.Id*. <https://www.republika.co.id/berita/pendidikan/eduaction/19/01/14/plazyf368-kuota-bidikmisi-2019-resmi-terima-130-ribu-mahasiswa>
- Barbayannis, G., Bandari, M., Zheng, X., Baquerizo, H., Pecor, K. W., & Ming, X. (2022). Academic Stress and Mental Well-Being in College Students: Correlations, Affected Groups, and COVID-19. *Frontiers in Psychology*, 13(886344). <https://doi.org/10.3389/fpsyg.2022.886344>
- Bidikmisi. (2019). Bidikmisi. *Bidikmisi.Belmawa.Ristekdikti.Go.Id*. <https://bidikmisi.belmawa.ristekdikti.go.id/site/index>
- Chiu, C.-M., Cheng, H.-L., & Tan, C. M. (2021). Challenge vs. Threat: The Effects of Cognitive Appraisal of Job Insecurity on IT Employees' Emotions, Strain

- and Presenteeism. *Pacific Asia Conference on Information Systems (PACIS)*, (128).
- Christensen, L. B. (2007). *Experimental methodology*. Pearson/Allyn and Bacon.
- Dewanti, D. E. (2016). *Tingkat Stres Akademik Pada Mahasiswa Bidikmisi dan Non Bidikmisi Fakultas Ilmu Pendidikan Universitas Negeri Yogyakarta. Universitas Negeri Yogyakarta*
- Fitasari, Isna Nur. (2011). *Faktor yang Berhubungan dengan Kejadian Stres pada Mahasiswa Fakultas Kesehatan Masyarakat Universitas Airlangga. Surabaya: FKM Airlangga.*
- Gadzella, B. M. (1991). *Student-Life Stress Inventory*.
- Goodwin, C. J., & Goodwin, K. A. (2017). *Research in psychology: Methods and design*. Hoboken, NJ: John Wiley & Sons.
- Hammer, C. S. (2011). The Importance of Participant Demographics. *American Journal of Speech-Language Pathology*, 20(4), 261–261.
[https://doi.org/10.1044/1058-0360\(2011/ed-04\)](https://doi.org/10.1044/1058-0360(2011/ed-04))
- Jiandong, S., Michael P., D., Hou, X., & Xu, A. (2011). Educational Stress Scale for Adolescents: Development, Validity, and Reliability with Chinese Students. *Journal of Psychoeducational Assessment*, 29(6), 534–546.
<https://doi.org/https://doi.org/10.1177/0734282910394976>
- Johnson, R. B., & Christensen, L. (2017). *Educational research: Quantitative, qualitative, and mixed approaches — sixth edition*. In *SAGE Publications, Inc.*

- Lazarus, R. S., & Folkman, S. (1984). *Stress, Appraisal, and Coping*. In *Springer* (Vol. 59). Springer Publishing Company.
- Lubis, H., Ramadhani, A., & Rasyid, M. (2021). Stres Akademik Mahasiswa dalam Melaksanakan Kuliah Daring Selama Masa Pandemi Covid 19. *Psikostudia Jurnal Psikologi*, *10*(1).
- Peraturan Menteri Kementerian Riset, Teknologi, Dan Pendidikan Tinggi Republik Indonesia tentang Standar Nasional Pendidikan Tinggi, Pub. L. No. 16 (2015).
- Karaman, M. A., Lerma, E., Vela, J. C., & Watson, J. C. (2019). Predictors of Academic Stress Among College Students. *Journal of College Counseling*, *22*(1), 41–55. <https://doi.org/10.1002/jocc.12113>
- Kholidah, E., & Alsa, A. (2012). Berpikir Positif untuk Menurunkan Stres Psikologis. *Jurnal Psikologi*, *39*(1), 67–75. <http://jurnal.psikologi.ugm.ac.id/index.php/fpsi/article/view/180>
- Merry, & Mamahit, H. C. (2020). Stres akademik mahasiswa aktif angkatan 2018 dan 2019 Universitas Swasta di DKI Jakarta. *Jurnal Konseling Indonesia*, *6*(1), 6–13.
- Nindyati, A. D. (2020). Kecerdasan Emosi dan Stres Akademik Mahasiswa: Peran Jenis Kelamin Sebagai Moderator dalam Sebuah Studi Empirik di Universitas Paramadina. *Jurnal Psikologi Sains Dan Profesi (JPSP)*, *4*(2).
- Noor, N. M. (2022). Pengaruh Stres Akademik dan Minat Belajar terhadap Student Engagement Mahasiswa Fakultas Psikologi Universitas Padjadjaran

(Skripsi). Fakultas Psikologi Universitas Padjadjaran

Oktavia, W. K., Fitroh, R., Wulandari, H., & Feliana, F. (2020). Faktor-Faktor yang Mempengaruhi Stres Akademik. In *Psyche 165 Journal*. <https://doi.org/10.35134/jpsy165.v13i2.84>

Reddy, K. J., Menon, K. R., & Thattil, A. (2018). Academic stress and its sources among university students. *Biomedical and Pharmacology Journal*, *11*(1), 531–537. <https://doi.org/10.13005/bpj/1404>

Sabaner, C., & Arnold, K. D. (2021). Mental Health in the Transition to College: Experiences of Six Low-Income, High-Achieving Students. *Journal of College Counseling*, *24*(1), 18–35. <https://doi.org/10.1002/jocc.12174>

Sagita, D. D., Daharnis, D., & Syahniar, S. (2017). Hubungan Self Efficacy, Motivasi Berprestasi, Prokrastinasi Akademik Dan Stres Akademik Mahasiswa. *Bikotetik (Bimbingan Dan Konseling Teori Dan Praktik)*, *1*(2), 43. <https://doi.org/10.26740/bikotetik.v1n2.p43-52>

Schönbrodt, F. D., & Perugini, M. (2013). At what sample size do correlations stabilize?. *Journal of Research in Personality*, *47*(5), 609-612.

Sęktas, M., Krzyżaniak, P., Raczyńska, A., & Atroszko, A. (2016). *Relationship between cynical hostility and primary emotional appraisal of a stressful situation of academic test.*

Serido, J., Almeida, D. M., & Wethington, E. (2004). Chronic stressors and daily hassles: Unique and interactive relationships with psychological distress. *Journal of Health and Social Behavior*, *45*(1), 17–33.

<https://doi.org/10.1177/002214650404500102>

Shakeel, S., Fazal, Dr. S., & Majoka, Dr. M. I. (2022). Academic Stress among University Students in Pakistan: Causes and Consequences. *Research Journal of Social Sciences & Economics Review*, 3(2).

[https://doi.org/10.36902/rjsser-vol2-iss2-2022\(27-34\)](https://doi.org/10.36902/rjsser-vol2-iss2-2022(27-34))

Skinner, N., & Brewer, N. (2002). The dynamics of threat and challenge appraisals prior to stressful achievement events. *Journal of Personality and Social Psychology*, 83(3), 678–692. <https://doi.org/10.1037/0022-3514.83.3.678>

Sonali, S. (2016). Role of Socio-economic Status in Academic Stress of Senior Secondary Students. *International Journal of Advanced Education and Research*, 1(12).

You, J. W. (2018). Testing the three-way interaction effect of academic stress, academic self-efficacy, and task value on persistence in learning among Korean college students. *Higher Education*, 76(5), 921–935. <https://doi.org/10.1007/s10734-018-0255-0>